



THE GRAPEVINE

Issue 8, 28th February 2019

Website : www.parkviewsenior.co.za



DATES TO DIARIZE:

Fri 1st March
Mon 11th March
Tues 12th March
Fri 15th March
Tues 2nd April
Monday 8th April



Tuesday 9th April
Tues 9th – Thurs 11th
Fri 12th April

Netball Tournament weekend
Gr 5s to Delta Park and Gr 6s to SciBono
Gr 7s visit to Constitution Hill
School closes at 11am. Reports issued
Term 2 begins
Prefects announced at assembly
Co-curricular activities begin
Prefect leadership course
Parent-Teacher Interviews
Grade 4s visit Monte Casino Bird Park



BADGES FOR BOYS' SHIRTS: PARENTS, PLEASE BE REMINDED ABOUT BOYS' UNIFORM REQUIREMENT!



Pocket Badges need to be on all boys' shirts **by next Monday, the 11th March (date moved forward)** They are on sale before school, outside the office from 7:15 on **Mondays, Wednesdays and Fridays**, for only R15.

SAFETY OF CHILDREN TRANSPORTED BY TAXIS:

A concerned parent has approached us, regarding dangerous, highly overloaded taxis. The children were seen climbing out of the windows as the taxi was too full for children to get out through the door. The children got out at Parktown Girls', to walk to PVS. This taxi picks children up in Yeoville and is black in colour. Please parents, ask your children about the numbers and safety measures in place in the transport they use. Change service providers if need be, but please do not endanger your children's lives.

GOVERNING BODY SEEKING HR MEMBER:

We are looking for a suitable parent who has HR qualifications &/ experience, to be co-opted onto the SGB. If you would like to be considered, please email the secretary of the SGB, Pippa Reyburn on pippa.reyburn@gmail.com, with some background relating to the position.

CHESS:

Our boys, Usayd Gouse, Zayyan Tayob, Yusuf Gani and Rayhaan Gardeen played in the Grayston League match at Knight's Prep last week, and won all their games. Well done boys!



CO-CURRICULAR ACTIVITIES:

All activities for term 1 will end on Tuesday 5th March, except for team swimming, cricket matches, tennis matches, private lessons, chess matches and choir.

HYDE PARK HIGH SCHOOL

Attention Grade 7s! Did you know that PVS is in Hyde Park High School's catchment area? Hyde Park High School is co-educational (taking both boys and girls). We are a "flagship" school for the GDE as HPHS is the only public school that offers Matric from the Independent Examinations Board (IEB). This makes Hyde Park High School unique, in that it offers the same qualification as a private school, but retains the status and culture of a government school.

**Open Day Tues 5 March
16h30 – 18h00.**

Arrive at 16h30 to hear the principal talk and then take a tour of the school.

My son Dylan Weber is currently in Grade 10 at HPHS and was head boy at PVS in 2016.

If you have questions about the school, please call me, Jennifer on 0832664356.

Indoor Training Studio



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- 10 x Smart Trainers - individually paired with Smart Tablets which control your workout to your personal fitness level and training parameters.
- HR straps
- Cooling fans
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For a free trial workout contact:

Nic 0828553578

nic@whiteinc.co.za

www.whiteinc.co.za

Recently, a 13 year-old girl in Pretoria North committed suicide after being cyber-bullied relentlessly.

The presenters would like to share the Digital Life Skills & Personal Development workshop with you, the parents of your school.

We are in **JHB on 25-27 March at Zulu Nyala, in Fourways.**

The 3 day workshop costs R2900.

We address pertinent topics such as cyber-bullying, the pressure to be perfect, sexting and self-esteem.

Sassy Llama is an interactive, fun, learning experience where llamas are coached in personal development, online & offline reputation management, digital life skills and everything else a tween/teen girl needs to know to cope in today's digitally connected world. In a nutshell: we lessen llama drama.

Check out our website here: <http://www.sassyllama.co.za/>

STUDENT OF THE WEEK:

CLASS	NAME OF LEARNER	CITATION
4C	Sihle Ngubeni	For overall improvement in his work ethic & results.
4Mo	Siphamandla Mgodleni	For overall improvement and effort. Keep it up, Siphah! I am so proud of you!
4Mk	Alexa Primich	For her kindness and generosity in sharing with the whole class. You are such a sweet learner. Never change!
4R	Tshegofatso Nkoana	For being diligent and always showing care towards others, including her teacher. Thank you!
5DV	Ama Quansah	For putting effort into everything she does.
5P	Nasiphi Kuwane	For her cheerful demeanour and for trying her best.
5R	Emma Morgan-Allais	For her commitment to excellence and for always giving of her best. Keep it up. I'm proud of you.
6B	Zayyaan Loonat	For working very hard and being a co-operative and kind student.
6M	Sria Govender	For the enthusiasm and cheer that she brings to our class and everything she does.
6O'R	James Dingley Sabreen Coovadia	For his interesting and valued contribution to class discussions. For an outstanding NS/Tech test result.
7Sa	The whole class	Thank you for spoiling me on my birthday. I appreciate your kindness.
7Co	Jemma Kelly Zaid Laher	For being reliable, diligent and considerate. Also for your beautiful work, daily energy and constructive contribution to all school activities. For his exceptional service at the tennis match last week.
7Ca	Milla Abdinor and Rebecca Leisegang	For always working so well and for being such a pleasant presence in the class.

CRICKET:

Ter Horst B: Parkview played against Craighall Primary. Parkview batted first, scoring 70/3. Craighall batted second, scoring 35/10. Parkview won the match by 35 runs. Well done boys!

Ter Horst A: Greenside batted first and scored 58/10. Well done to Mateen Ismail for taking 3 wickets. Parkview batted second and scored 60/6.

Parkview won the match by 4 wickets.

Commonwealth B: Unfortunately, they had no fixture.

Commonwealth A: Our A team played against Greenside this week. Greenside batted first, scoring 56/10 with Neo Tiedje taking 4 wickets and Gradon Stevenson taking 3 wickets. Well done boys! Parkview batted second and scored 57/0. Parkview won the match by 10 wickets. Fabulous scores all round. Congrats boys!



SWIMMING:

We are extremely proud of our achievement in the "C" swimming league this season. We were 1st in points in the top 3 schools, which includes Risidale and Northcliff Primary. There was a total of 20 schools, being a mix of government and private schools. We are very grateful for the dedication of our excellent coach, Mr Pugh, Mrs O'Reilly, and of course, the swimmers. The final gala will take place next Friday, to finally place the top school out of the top performing schools – the 3 mentioned above, as well as De La Salle.

Our gala took place at Crawford Fourways last Friday, and the results were: 4th Fontainebleau 312 ; 3rd Louw Geldenhuys 397; 2nd Crawford Fourways 485 points and 1st Parkview 580. We are the champions yet again!!



ACCOMMODATION URGENTLY NEEDED:

Does anyone in the area have a room for one of our guardians and her grandchild who is in Gr 4, in return for work or for a nominal rent? She has her own furniture. Good references are available from one of the child's sponsors, as well as her granny's current employer. Please call Brenda Dry on 083 550 1319 if you can help.

WHEN WE LEAST FEEL LIKE HUGGING OUR CHILDREN:

I am fed up. I am totally over all the outbursts, and the defiance, and the 'you can't make me', and the slammed doors.

Right now I really want to drag him back out here by his shirt and force him to pick up that darn pair of shoes and just put the freaking things away!

The last thing I feel like doing is hugging him, but I do it anyway.

I open the slammed doors and I ask him... "Do you want a hug?"

Sometimes he throws the gesture back in my face, but not today. Today he melts into my arms and cries like he did when he was a toddler, overwhelmed, and unsure.

Today, even though it was the last thing I felt like doing, even though he was being horrible, a hug is what he needed, what we both needed.

But Why? Why should you hug your kids when they are being horrible? Here's why...

Because our kids learn better with love, than with punishment. A hug and a chat about what is going on will get a better response than yelling and punishment.

Because sometimes, when our kids act out, it is a cry for help. Perhaps they can't express their big feelings in a more appropriate way, or perhaps there is something else bothering them, stressing them out, making them frustrated and a hug can open the door to talking about what is really going on so you can deal with it.

Because sometimes, when our kids feel bad about themselves, they feel like they don't deserve kindness and respect so they don't behave in a way that encourages people to give them kindness or respect. And when they get frustration and anger in return, their feelings are validated, they feel worse about themselves, and the vicious cycle begins. Break that cycle by offering a hug and a reminder that making a mistake does not make them a bad person.

Because one of the best ways to get our kids to co-operate is to connect. With a strong connection our kids are more likely to try to do the right thing most of the time... and in the times when they don't, or can't, a simple hug can be a powerful way to reconnect.

Because our love for our kids is unconditional. We might dislike the behaviour, but we still love our kids, no matter what. Our kids need to know that, and sometimes they needed to be reminded of it, over and over and over, especially when they are at their lowest.

Because sometimes it is us adults who need a hug. When our kids are hurting, or frustrated, or lashing out and we just don't know what to do any more, sometimes it is us parents who need the connection, reassurance and a hug.

